



PRESENT

# 3 MILE FALL FAMILY FUN RUN

**SATURDAY, OCTOBER 22, 2011**  
**REGISTRATION 7:15 A.M. - EVENT BEGINS AT 8:00 A.M.**  
**COURSE: MULTIPURPOSE TRAIL**

PROMOTING



Chris Waddell, the founder of One-Revolution Foundation will speak briefly about how he went from a champion Paralympic athlete to his summit of Kilimanjaro compelled to change the way that others perceive those with disabilities by demonstrating the common journey of challenge.

*For more information go to [www.one-revolution.org](http://www.one-revolution.org) or [msdisabilities.com](http://msdisabilities.com).*

Great Harvest Bread Company will be serving up delicious breakfast after the fun run!

Pre-registration forms available at Fleet Feet-Ridgeland

YES, I want to contribute to One Revolution and Mississippi Society for Disabilities in their efforts to continue helping people with disabilities in the donation amount of \$\_\_\_\_\_ (cash or check)

Please make checks payable to One-Revolution Foundation

I understand my donation to One-Revolution and Mississippi Society for Disabilities is tax-deductible and will automatically enter me into all raffle drawings during the event.

In consideration of the forgoing, I, for myself, my heirs, executors, administrators, personal representatives, successors, and assigns, waive and release any and all rights, claims, and causes of action I have or may have against Fleet Feet Sports and its affiliates, their agents, employees, volunteers, officers, directors, successors and assigns, Fleet Feet Sports, the City of Ridgeland, and any and all sponsors, their representatives and successors, that may arise as a result on my participation in any group run or event and any pre and post event activities. I attest and verify that I am physically fit and a licensed medical doctor has verified my physical condition. Furthermore, I hereby grant full permission to any and all of the foregoing to use of any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose, including commercial advertising without monetary payment to me. (This information is protected by the Privacy Act.)

Name \_\_\_\_\_ Date \_\_\_\_\_